



# De dwa da dehs nye>s Aboriginal Health Centre

*We're Taking Care of Each Other Amongst Ourselves.*

## **Our Mission:**

Improving the health and well-being of Indigenous individuals, families and communities through wholistic Indigenous, Traditional and Western health care.

## **INTERESTED APPLICANTS**

Please submit your resume and cover letter to:

[humanresources@dahac.ca](mailto:humanresources@dahac.ca)

or

Attention: Human Resources  
Aboriginal Health Centre  
678 Main Street East  
Hamilton ON L8M 1K2

Nya:weh / Miigwetch to all applicants. Only those selected for interviews will be contacted

## **Deadline to Apply:**

Open until filled

Please note that **ONLY** complete applications with cover letter will be considered.

Individuals with a disability requiring accommodation during the application and/or the interview process, please advise the recruitment contact so arrangements can be made.

***Preference is given to candidates of Indigenous Decent.***

## **Mental Health Child and Youth Navigator – Hamilton & Brantford**

Reports to the Mental Health and Addictions Services Manager

Salary: \$50,000-\$55,000

Full Time Position

## **Position Summary:**

The Aboriginal Mental Health Child & Youth Navigator will provide case management supports for children and youth ages 10 to 24 navigating mental health and other health and wellness services; this assists in bridging the transition between youth and adult services. This role will provide supports and services to both the Hamilton and Brantford community, assisting clients to access care that meets their goals and needs. This role will work with both western and Indigenous services providers to help Aboriginal youth, caregivers, and their families better navigate mental health services to improve patient outcomes. Community visits, one on one support, youth groups, and cultural activities will be provided through this program both independently and in partnership with the Mental Health Team and external partners.

## **Roles and Responsibilities:**

### Case Management & System Navigation

- Deliver short to medium term one-to-one case management supports for a variety of mental health and developmental conditions to bridge access to organizational and community supports and services in both Hamilton and Brantford that address the social determinants of health which have an impact on an individuals' mental wellness.
- Complete intake assessments and develop a plan of care with each client based on their wholistic goals and wellness needs, monitor progress towards goals, and implement modifications as needed.
- Provides case management support to clients, caregivers and families which will include connections to health and social services, as well as Indigenous cultural and Traditional programs such as Healers, Elders, Knowledge Keepers, Circles, Cultural activities etc.
- Provides community visits, one-on-one supports, youth groups, informational presentations, and supports Mental Health Team.
- Accompaniment to medical or related appointments, participation in case conferencing/discharge planning meetings and attending community visits.

### Partnerships, Education & Promotion

- Directly builds relationships with internal and external programs to raise awareness of the program
- Facilitates community groups and outreach activities in the Hamilton and Brantford Community at locations such as community centers, high schools, libraries, and other community spaces on a variety of relevant cultural and mental health topics to help children and youth identify and achieve their own wholistic health and wellness goals.
- Consult and coordinate with other service providers to communicate information, resolve programs and ensure coordinated services.
- Act as a liaison with community services and agencies.
- Participation in internal and external committees related to various aspects of the role.

# Mental Health Child and Youth Navigator – Hamilton & Brantford

Page 2

## Operations

- Ensures patient health information, records, progress, and case notes are always accurate and up to date in the Electronic Medical Records System (EMR).
- Maintain a current and up to date EMR schedule with appointments and drop-in appointments
- Manage and monitor client waitlist to ensure timely access to service.
- Complete monthly reporting requirements and demonstrate ongoing improvements towards achieving program targets.
- Provide short term supports for Child and Youth Counsellor waitlist and caseload including check-in visits and/or completing intakes as requested

## Knowledge, Skills, Abilities and Other Requirements:

- Completion of post-secondary diploma or degree in social work or social service/mental health related field.
- Demonstrate cultural awareness, empathy, passion and commitment to the needs and aspirations of people experiencing Mental Health concerns which is based either on your own personal experience, voluntary experience, work experience or demonstrable personal interest.
- Experience working with and extensive knowledge of Indigenous People's culture, language, customs, and traditions.
- 3+ years' experience working with children or youth in a health and/or social service organization, hospital, or community-based case management setting.
- Experience working with and knowledge of local mental health organizations, programs, and services, specifically those targeting children and youth.
- Experience in Mental Health sector
- Knowledge of case management/system navigation models and principles.
- An understanding of the issues connected to Indigenous Mental Health.
- Excellent written and verbal communication skills.
- IT skills.
- Knowledge of Electronic Medical Records systems and/or databases used in client services delivery and case management is an asset.
- Time management skills and ability to meet deadlines.
- Ability to work within a team approach as well as independently.
- Possesses self-awareness and engages in self-care techniques
- Demonstrated ability to work within the spirit of the Seven Grandfather Teachings.
- Demonstrate an ability to provide an honest, respectful, and non-judgemental approach to others.
- An ability to be flexible and responsive to the changing needs.
- Ability to use own initiative
- Access to a reliable vehicle, G licence, and ability to travel between Hamilton and Brantford.

## Other Requirements:

- Must provide proof of full vaccination, medical or religious/creed exemption upon start date.

### 100% Organization Paid Benefits

- Health Benefits
- Employee Life AD&D Insurance
- Business Travel Life and Disability Insurance
- Dependant Life Insurance
- Employee Critical Illness Insurance
- Travel Accident Insurance
- Long Term (LTD) Benefit

### Retirement Benefits

- Hospitals of Ontario Pension Plan (HOOP) with Immediate Eligibility